

Class Schedule by Level | 2024-2025



**METROPOLITAN
YOUTH BALLET**

Formerly Ballet Theatre of Carmel Academy

Preschool Division	
Joy of Dance	Thurs 10:15 – 11:00am; Sat 9:30 – 10:15am
Creative Dance	Sat 9:30 - 10:15am
Pre-Primary Ballet	Mon 5:30 – 6:15pm; Sat 10:15 – 11:00am
American Ballet Theatre® National Training Curriculum Levels	
Primary A Ballet	Mon/Wed 4:30 – 5:30pm; Sat 10:15 – 11:00am
Primary B Ballet	Mon/Wed 4:30 – 5:30pm
Level 1A Ballet	Mon/Wed 5:30 – 6:30pm
Level 1B Ballet	Tues/Wed/Thurs 5:00 – 6:30pm
Level 2A Ballet	Tues/Wed/Thurs 5:00 – 6:30pm
Level 1B-2A Pre-Pointe/Conditioning	Wed 6:30 – 7:00pm
Level 2B Ballet	Mon 6:30 – 8:00pm; Tues/Thurs 5:00 – 6:30pm
Level 2B-3A Pre-Pointe/Pointe	Mon 8:00 – 8:30pm; Thurs 6:30 – 7:00pm
Level 2B-3A Pre-Pointe/Pointe	Tues 6:30 - 7:00pm
Level 3A Ballet	Mon 6:30 – 8:00pm; Tues/Thurs 5:00 – 6:30pm
Level 3A Pointe	Mon 8:00 – 8:30 pm; Tues/Thurs 6:30 – 7:00pm
Level 2B - 6B Ballet*	Wed 6:30 - 8:00pm; Sat 9:30 – 11:00am
Level 2B – 6B Pointe	Wed 8:00 – 8:30pm
Level 3A– 6B Variations/Pas de Deux†	Sat 11:00am – 12:00pm
Level 3B – 6B Ballet	Mon/Tues 6:30 - 8:00pm; Thurs 7:00 – 8:30pm
Level 3B – 6B Variations/Character	Mon 8:00 – 9:00pm
Level 3B - 6B Pointe	Thurs 8:30 -9:00pm
Jazz & Contemporary	
Jazz I (open to Level 1A and above)	Thurs 6:30 – 7:15pm
Jazz II (with instructor approval)	Thurs 8:00 – 8:45pm
Jazz III (with instructor approval)	Tues 7:30 - 8:15pm
Contemporary I (open to Level 1A and above)	Thurs 7:15 - 8:00pm
Contemporary II (with instructor approval)	Tues 8:15 – 9:00pm
Contemporary III (with instructor approval)	Tues 8:00 - 9:00 pm
Boys	
Ballet (by invitation)	Wed 7:00 – 8:00pm
Day Program	
Primary A – 2A Ballet/Pre-Pointe/Contemporary/Variations	Mon – Thurs 1:30 - 3:30pm
Level 2B-6B Ballet	Mon – Thurs 9:30 – 11:30am
Level 2B- 6B Pas de Deux/Character	Mon 11:45am – 12:45pm
Level 2B-6B Pilates/Modern	Tues 11:45am – 12:45pm
Level 2B-6B Variations	Wed 11:45am – 12:45pm
Level 2B-6B Pointe	Thurs 11:45am – 12:45pm

* One Saturday per month this Ballet Technique class will be replaced by a Jazz IV masterclass given by Guest Instructor Ed Godby Schwab. Wednesday class does not change.

‡ Once per month, Jazz IV Repertory class will be offered by Guest Instructor Ed Godby Schwab. Students not taking that class, will have Ballet Technique.

♦ Pas de Deux is by invitation only

† Schedule subject to change